Claims 1-26 (cancelled).

- 27. (new) A black currant anthocyanin-containing composition for food, which comprises 5 to 25 % by weight, of black currant anthocyanin on the basis of solid matters.
- 28. (new) The black currant anthocyanin-containing composition for food according to claim 27, wherein the black currant anthocyanin comprises delphinidin in an amount of 2.5 to 12.5 % by weight on the basis of solid matters.
- 29. (new) The black currant anthocyanin-containing composition for food according to claim 27, wherein the black currant anthocyanin comprises delphinidin-3-o-rutinoside in an amount of 2 to 10 % by weight on the basis of solid matters.
- 30. (new) A process for producing black currant anthocyanin-containing compositions for food; wherein black currant juice, as a starting material, is purified and concentrated with a charged reverse osmosis membrane.

- 31. (new) The process for producing black currant anthocyanin-containing compositions for food according to claim 30, wherein the charged reverse osmosis membrane is a negatively charged reverse osmosis membrane.
- 32. (new) The process for producing a black currant anthocyanin-containing composition for food according to claim 31, wherein the negatively charged reverse osmosis membrane has a salt retention rate of 5 to 20% in the case of NaCl.
- 33. (new) A process for producing a black currant anthocyanin-containing composition for food according to claim 30, wherein an ion-exchange resin is also used to purify the black currant juice.
- 34. (new) The process for producing black currant anthocyanin-containing compositions for food according to claim 33, wherein the ion-exchange resin is a strong acid cation-exchange resin.
- 35. (new) A medicinal food or drink which comprises the composition for food according to claim 27.
- 36. (new) The medicinal food or drink according to claim 35; wherein the food or drink is candy, chewing gum, juice, chocolate, tablet, gelatinous food, or jam.

- 37. (new) The composition for food according to claim 27, which has at least one effect for improving visual function selected from effects (1) to (8) as follows:
 - (1) an effect of alleviating asthenopia;
 - (2) an effect of recovering lowered visual acuity;
 - (3) an effect of alleviating myopia;
 - (4) an effect of recovering lowered refraction power of crystalline lens;
 - (5) an effect of improving visual acuity in the darkness;
 - (6) an effect of improving adaptation to darkness;
 - (7) an effect of improving retinal function; and
 - (8) an effect of improving retinal rod.
- 38. (new) The medicinal food or drink according to claim 35, which has at least one effect for improving visual function selected from effects (1) to (8) as follows:
 - (1) an effect of alleviating asthenopia;
 - (2) an effect of recovering lowered visual acuity;
 - (3) an effect of alleviating myopia;
 - (4) an effect of recovering lowered refraction power of crystalline lens;
 - (5) an effect of improving visual acuity in the darkness;
 - (6) an effect of improving adaptation to darkness;
 - (7) an effect of improving retinal function; and
 - (8) an effect of improving retinal rod.

- 39. (new) The composition for food according to claim 27, which has an effect for improving the blood fluidity and/or an effect for lowering blood pressure.
- 40. (new) The medicinal food or drink according to claim 35, which has an effect for improving the blood-fluidity and/or an effect for lowering blood pressure.